

Samaritans

Samaritans is one of Australia's largest regional welfare organisations, providing a wide range of services for children, youth, families and those with a disability in the Hunter, Central Coast and Manning regions.

Samaritans is focused on building community, developing connections between the people we support and services, families, and the community.

Our aim is to provide a quality, professional caring service.

Some of the Services available include:

Disabilities: accommodation, outreach and recreational services for people with a disability.

Children: before and after school care and daycare, out of home care and supporting children with additional needs.

Youth: accommodation and early intervention programs for youth at risk of family breakdown and homelessness and mental health programs.

Families: emergency relief, disaster relief, retail shops and Christmas Lunch in the Park initiatives.

Request For Service

We take requests directly from young people, their families, school and other services or organisations.

We're available to extend our networks and services to young people in the Newcastle and Lake Macquarie area. If you would like any more information or to talk with a team member, please contact EIA on:

Ph: 4942 5275

Email: eianewcastle@samaritans.org.au

Website: www.samaritans.org.au/youth-early-intervention-activities



Samaritans

Compassion Integrity Justice

For information about other Samaritans programs:

Ph: 4960 7100

Website: www.samaritans.org.au



Early Intervention Activities NEWCASTLE/LAKE MACQUARIE

Providing support to young people, aged 12-18, and their families.

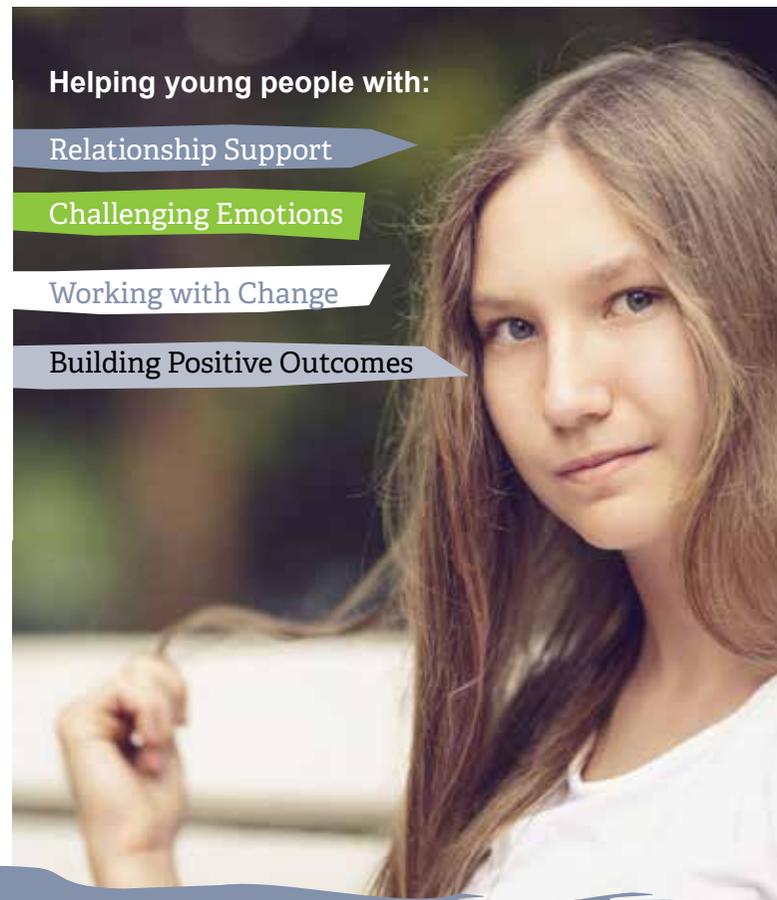
Helping young people with:

Relationship Support

Challenging Emotions

Working with Change

Building Positive Outcomes



Ph: 4942 5275
4a Pacific Highway, Gateshead

Who We Are

Samaritans Early Intervention Activities (EIA) Newcastle and Lake Macquarie provides support for young people and their families who are experiencing some challenge in their lives. The EIA team come from a social work or psychology background and offer support through group work programs, individual and family counselling as well as case work.

Supporting Young People

Individual / Family Support

The EIA team can catch up with young people to discuss matters that are important to them. A focus is to provide a safe and positive space for young people to explore challenges and helpful ways of overcoming these.

Where appropriate, the EIA team can prioritise support for the whole family should a shared problem be the focus. This approach can encourage the crossover of skills into the home. The EIA team are flexible in the delivery of support, being able to facilitate home and school visits, as well as flexible outreach options in the Newcastle and Lake Macquarie region.

School Group Programs

In School Groups

EIA Newcastle and Lake Macquarie facilitates specialised groups within high schools, focusing on the issues young people may face during the high school years. These groups are run in fun, safe and creative ways in collaboration with the young people involved and focus on working through a range of challenging times and emotions.

The EIA team work closely with school counsellors, year advisors, welfare teachers and principals to identify areas of need for their students. EIA will then work to tailor each group based on the needs of the school, the young people and their families.

Supporting Caregivers

Tuning Into Teens

The Tuning Into Teens parenting program focuses on the emotional connection between caregivers and young people. Caregivers learn the skills of emotion coaching which helps them to recognise, understand and manage both their own and their teenager's emotions.

It also offers caregivers a greater understanding of adolescent development, and the changes and challenges that this stage can bring to family life. The program is facilitated in a group context, taking a holistic family approach to the support offered. EIA offers childcare for the duration of the parenting program each week.

