



Samaritans
Emergency Relief

PLEASE DONATE TODAY



FOOD

or



CASH

A Small Donation Can Make A Massive Difference

SAMARITANS HAS USED ALL OF THEIR NON-PERISHABLE FOOD AND THEY NEED YOUR HELP, OUR MOST NEEDED ITEMS ARE:

NON-PERISHABLE FOOD SUGGESTIONS

- Cereal • Long-Life Milk • Pasta • Pasta Sauce • Rice • Tinned Meals
- Soup (Packet And Tin) • Muesli Bars • Tea • Coffee • Long-life Cheese
- Snacks For Children's Lunchboxes • Tinned Fruit • Tinned Vegetables
- Spreads (Jam, Vegemite) • Tinned Tuna/Salmon • Pet Food • Noodles • Biscuits

TOILETRIES / CLEANING

- Nappies • Baby Wipes • Toilet Paper • Toothpaste
- Soap • Deodorant • Shampoo/Conditioner • Shaving Gear (Cream/Razors)
- Clothes Washing Powder • Bathroom Cleaning Products
- Kitchen Cleaning Products

PH: 1300 656 336 or go to
www.samaritans.org.au