

Important Phone Numbers

Taree Women's Refuge:

Ph: 6551 0011

Email: twcr@samaritans.org.au

Postal: PO Box 1049 TAREE NSW 2430

Web: www.samaritans.org.au

Domestic Violence Hotline

Ph: 1800 65 64 63 (24 hour support and referral service)

The Great Lakes Manning Homeless Support Service

Ph: 6539 3400

Local Contacts

Aboriginal Community Liaison Officer Ph:6552 0399

Buckets Way Neighbourhood Centre Gloucester Ph: 6558 2454

Catholic Care Ph: 6539 5900

Compass Housing Ph: 1300 333 733

Community Partnership Against Domestic

and Family Violence Ph: 6592 0297

Domestic Violence Legal Advice Ph: 1800 810 784

DV Liaison Officer Ph: 6556 3322

Family Referral Service Ph: 6552 3072

Forster Neighbourhood Centre Ph: 6555 4351

Great Lakes Women's Shelter Ph: 6555 9835

Integrated Domestic and Family Violence Service Ph: 6539 5900

Immigration Ph: 13 18 81

Law Access Ph: 1300 888 529

Lifeline Ph: 13 11 14

Link2Home Ph: 1800 152 152

Manning Support Services Ph: 6551 1800

Manning Valley Neighbourhood Service

Wingham Ph: 6553 5121

Many Rivers Family Violence Prevention &

Legal Services Ph: 6562 5856

NSW Rape Crisis Line Ph: 1800 424 017

Wesley Community Hub Ph: 6552 0277

Women's Domestic Violence Court Advocacy

Service Mid North Coast Ph: 65840053

1800Respect- 24/7 Counselling Ph: 1300 224 636

Samaritans Taree Women's Refuge

*Confidentiality, Support,
Advocacy and Understanding*



The Taree Women's Refuge provides short term crisis accommodation and outreach to women and their children. The refuge is staffed only by women to provide support for women and their children experiencing domestic violence.

Our refuge is accessible to all women regardless of age, ethnicity and sexual preference. Taree Women's Refuge offers the following services:

- Information and advice
- Advocacy
- Emotional support
- Outreach to clients
- Referrals (including Legal Referrals)
- Assistance with Centrelink and other services



Samaritans
www.samaritans.org.au

Funded by:



**Communities
& Justice**

Samaritans is one of the largest regional welfare organisations in Australia but is truly local to your region. As the welfare arm of the Anglican Church, we deliver over 100 programs and community services to thousands of individuals and families each year.

Samaritans would like to acknowledge the traditional custodians of this land and pay our respects to the Elders past, present and future for they hold the memories, the traditions, the culture and hopes of Aboriginal Australia.

**For assistance
Ph: 6551 0011**



Samaritans
Compassion. Integrity. Justice.



Confidentiality, Support, Advocacy and Understanding.

The Taree Women's Refuge assists single women and women with children, who have experienced or are experiencing domestic violence. Domestic violence takes many forms.

Domestic violence can be:

- **Physical:** this includes hitting, pushing, the use of weapons, intimidation or threats to you, your children and your pets
- **Sexual:** being forced to have sex, rape, refusing to accept 'no', being forced to watch pornography
- **Social:** being stopped from seeing your family and friends or being isolated geographically or socially
- **Psychological:** all threats of violence, emotional, spiritual as well as verbal abuse which is threatening, criticising, insulting or degrading.
- **Economic:** having no access to or control over money

Everyone's circumstances are different. We understand that you may feel that you have no option but to leave suddenly to ensure the safety of yourself and your children. However, if you do have time we suggest you pack the following:

- Medicare card
- Certificates : birth and marriage
- Banking Information
- Medication and prescriptions
- Passport and any other important papers such as Immigration papers and Will
- Clothes
- Photos and personal items
- Your children's favourite toys
- Anything else that is special or valuable