

SAMARITANS



RECONNECT

BELIEVES PEOPLE
ARE THE EXPERT OF
THEIR **OWN LIVES.**

At Reconnect our goal is to work with young people and their families on what is important to them and support young people to:

prevent homelessness | stay connected to family |
stay connected to education | stay safe | make healthy choices |
look after their mental health and emotional wellbeing.

Ph: 4014 9380



Samaritans

Compassion Integrity Justice

Reconnect is delivered by Samaritans and funded by the Department of Social Services to support young people aged 12 to 18 years and their families, to reduce the risk of homelessness.

Newcastle | Port Stephens | Lake Macquarie | Maitland | Cessnock

Date:

Time:

Phone:

Please tear card below, and put in your wallet so you have your next appointment time and our details handy.

**EVERYONE GOES
THROUGH TOUGH
TIMES AND SOME
TIMES YOUNG
PEOPLE AND
FAMILIES MIGHT
NEED A HAND.**



Some of the reasons young people access Samaritans Reconnect are to:

- Develop more positive relationships with family
- Speak with someone about a loss they have experienced
- Work on strategies to get along with friends better
- Manage stress in their lives
- Stay connected to education and/or employment
- Access our Mediation services
- Be part of a group work program at their school
- Have some support to work towards a goal
- Someone to talk to about any issue

We can meet with young people and their families or with young people one on one in their local area.

For assistance and referrals
Call: 4014 9380

reconnectreferrals@samaritans.org.au