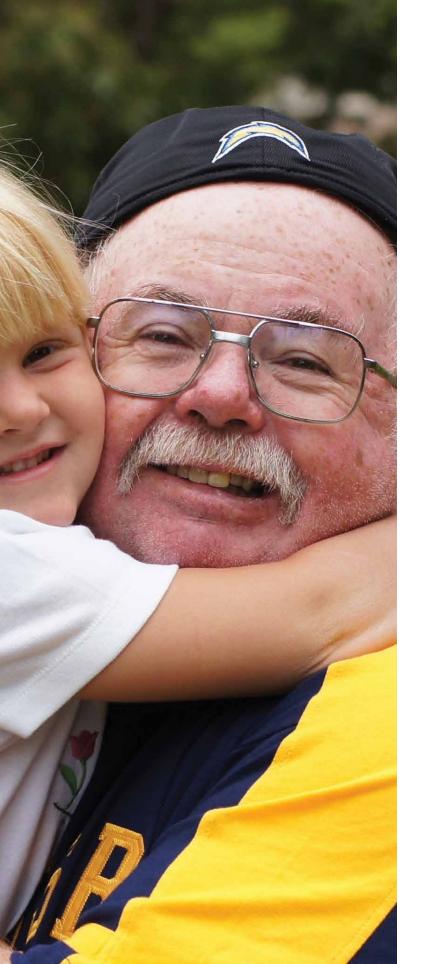


# **BELONGING**

**ANNUAL REPORT 2018-2019** Samaritans Foundation
The social welfare arm of the Anglican Church in the Hunter, Manning and Central Coast.





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Samaritans acknowledges the Traditional Custodians of the lands on which we work; the Awabakal, Biripi, Darkinjung, Dunghutti, Gumbaynggirr, Kamilaroi, Wanaruah, Worimi and Wiradjuri nations. We pay our respects to the Elders past, present and future for they hold the memories, the traditions, the culture and hopes of Aboriginal Australia.

Cover photo: Attendees and volunteers celebrate Samaritans Christmas Lunch in the Park, an event that encourages a true sense of belonging in our community.



# FROM OUR CHAIR

Our people are key to Samaritans. The people we support, our staff, volunteers and supporters. It is with deep respect and admiration that I hear the stories of these people at our board meetings and through my interactions at Samaritans each year.



The Board regularly see our staff and volunteers delivering quality care to people we support to ensure strong outcomes, underpinned by a desire to connect people to their own sense of belonging.

The stories on these pages further illustrate this commitment to foster belonging – people like Christine, giving a home and connection to young people in our Permanency Support Program and Ben, who is working in our Cleaning Service and achieved his Training Certificate.

2018-19 has been an important year at Samaritans with continued growth in our service portfolio. Samaritans commenced the Rural Young Minds Program, a youth complex mental health service commissioned by The Hunter New England Central Coast Primary Health Network. The program aims to meet the needs of young people with, or at risk of, severe mental illness and is delivered in Muswellbrook, Upper Hunter and Liverpool Plains LGAs.

ARAFMI Hunter merged with Samaritans under an auspicing arrangement. ARAFMI continues to provide support for families and carers of people with a mental illness through counselling, workshops and support groups.

Throughout the year, Samaritans deepened its connection with the Anglican Diocese of Newcastle. Our 'Sea of Hands' reconciliation installations were visible across church and school grounds and our Chaplain began a Youth for Justice group aimed at engaging young people throughout the Diocese in social justice issues.

Samaritans 116 services supported 32,977 people. That is over 30,000 people in our region who were assisted with compassion and integrity. These experiences and voices must continue to be heard as we advocate for more just systems and processes. 2019 saw the commencement of Samaritans work to embark on our consumer engagement strategy to further enable this voice.

The Board continues to endorse the important work strengthening Samaritans governance, technology and processes to ensure our future growth, as we navigate much sector change.

On behalf of the Board, I give thanks to those who are a part of Samaritans important work – our supporters, our staff and volunteers, and our partners and funders. Samaritans impact in our community this year is only possible with your support.

THE STORIES ON
THESE PAGES FURTHER
ILLUSTRATE THIS
COMMITMENT TO
FOSTER BELONGING.

# BOARD AND GOVERANCE

Mrs Jenny Cappellacci

Fr Rod Bower (resigned 31/03/19)

**Mr Robert Buck** 

**Mrs Wendy Cross** 

Prof Brian English (retired 16/10/18)

Ms Jill Hall

**Prof John Hamilton** 

Mr Peter Kibble (appointed 11/09/18)

Mr John Kilpatrick (retired 16/10/18)

Mr Michael Leach

Ms Virginia Newell

**Prof Graham Vimpani** 

Unless otherwise stated, Board Members were on the board for the full financial year to 30 June 2019.

# WHO WE ARE

SAMARITANS
DELIVERS OUR
WORK WITH THE
CORE VALUES OF
COMPASSION,
INTEGRITY, JUSTICE.
THESE VALUES SET
US APART TO HELP
THE VULNERABLE

AND DISADVANTAGED

IN OUR COMMUNITY

TO FIND A SENSE OF

We work in the regions of Newcastle, the Hunter, Central Coast, Mid-North Coast and Central Western regions of NSW. 116 services support children, youth, people living with a disability or with mental health concerns, parents, families and those who are homeless throughout these communities. Samaritans encourages people to have a voice and be offered choice as we recognise all people are valued members of their community. Samaritans also engages in advocacy to promote justice, reconciliation, peace and dignity for all in our community, no matter what their circumstance.



BELONGING.





**COMPASSION** 

**INTEGRITY** 

**JUSTICE** 

#### Our vision

For communities where there is love, peace, justice, reconciliation and dignity for all people. Where there is care for the vulnerable and their environment and where each individual has the opportunity to contribute and participate fully in community life.

#### Our mission

We seek to provide unconditional support to people in their needs and to promote just social and economic policies.

### **OUR PEOPLE**



I'M SO LUCKY TO WORK FOR SAMARITANS BECAUSE I GET TO LIVE MY PASSION, AND MY PASSION IS THAT I BELIEVE THAT WE ARE ALL HERE FOR SERVING...IT'S NOT ABOUT THE FINANCES, IT'S ABOUT THE RELATIONSHIPS.

KAREN, SAMARITANS STAFF MEMBER



IT'S BEEN A GOOD **EXPERIENCE DOING THE** TRAINING COURSE SO I CAN **BECOME A SUPERVISOR** ONE DAY, I CAN TAKE THE SKILLS WITH ME AS I PROGRESS. I VOLUNTEERED WITH SAMARITANS FOR THREE YEARS AND NOW I'VE BEEN WORKING WITH THEM. I WANT TO WORK FOR SAMARITANS FOR A LONG TIME. I'D TELL OTHER PEOPLE LIKE ME TO NOT GIVE UP. KEEP GOING! YOU'LL **GET THERE ONE DAY.** BEN, SAMARITANS STAFF MEMBER



I THINK THAT SOME OF THE CORE VALUES THAT SIT WITHIN SAMARITANS SUCH AS INTEGRITY AND ENSURING EQUALITY WITH THE PEOPLE WE WORK WITH IS KEY, AND WE SEE THAT IN OUR PROGRAM WITH PARTICIPANTS... TO ENCOURAGE THEM TO LIVE THEIR BEST LIVES AND MAKING SURE THAT THEY'RE REALLY GETTING THE MOST OUT OF THE SERVICE WE PROVIDE FOR THEM.

KATIE, SAMARITANS STAFF MEMBER

**OUR REGIONS**  Coffs Harbour MID-NORTH COAST Kempsey Port Macquarie Coonabarabran Taree Gloucester Murrurundi • Forster-Tuncurry **HUNTER** • Muswellbrook Singleton
 Nelson Bay

Cessnock
 Maitland Mudgee • NEWCASTLE Lake Macquarie CENTRAL Wyong WESTERN COAST Bateau Bay Gosford





Staff from Samaritans Information and Neighbourhood Centre attended the NAIDOC Family Fun Day in Cessnock. The event, organised by Kiray Putjun Aboriginal Corporation gave families an opportunity to celebrate NAIDOC Week.



Samaritans HIPPY program and Dalaigur preschool in Kempsey welcomed Luke Hartsuyker MP (now former) as part of Australia's first Early Learning Matters Week.



A new service, Rural Young Minds was launched to bridge the gap between primary and hospital care scenarios for mental health and Samaritans is proud to be a part of the program for young people in our community.



The team from Recovery Point hosted the annual Twilight Fair to celebrate the festive season and to showcase the works and talents of people we support.



Samaritans Raymond Terrace and Nelson Bay Kinship groups hosted a special lunch to celebrate Carers Week and the 11th anniversary of the Raymond Terrace group.



Samaritans launched its Reconciliation Action Plan. The Reconciliation Action Plan commits Samaritans to action for the achievement of reconciliation and is an important part of our investment in our community and the related sustainability of our organisation.



ARAFMI Hunter Mental Health Carers officially joined Samaritans. ARAFMI offers support and counselling for the families and friends of people living with mental illnesses.



The team from Creative Times worked with young people to produce a book of stories, What's Important To Us. The book shares young people's values and dreams illustrated in creative ways.



Samaritans hosted a Cheese For Change event in Cessnock which saw community leaders and local MPs pledge their commitment to take a stand against all forms of domestic and family violence.



Local research launched by Samaritans highlighted the lack of affordable rentals for some of the most vulnerable people in our community. The release of the 2019 Rental Affordability Snapshot highlighted the hardship faced by people looking for housing while on a low income.



As a symbol of reconciliation, rights and respect to mark National Reconciliation Week, Samaritans planted Sea of Hands installations across our regions in Newcastle, Mudgee, Taree and Wallsend.

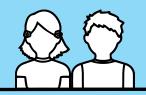


Disability Accommodation Service, Rainbow Haven encouraged participants to express their experiences and goals through a newsletter they launched which has built connections and inspired a sense of community.









1,356
People with a Disability

1,943
Children and Families

1,236 Young People



2,322
People facing Homelessness



705

People in Post Release Programs



8,745
Through our Emergency Relief

1,664
Experiencing
Mental
Health



RRRRR

With Gambling and Financial Counselling 14,026
Through our other Services







#### SALLY'S STORY

Sally is supported by Samaritans Therapy and Behaviour Support and has recently moved into a Samaritans Supported Independent Living house. Living independently has been one of Sally's goals.

"When I got the green light, I was told that I had 28 days to decide to move in, and I said 'I want to decide now- I want to move in' and we got the ball rolling," Sally said.

"I felt very happy."

Since working with Samaritans and now having the opportunity to live independently, Sally's carer, Narelle, says that Sally is herself again.



#### KRISTY'S STORY

From completing her HSC at TAFE to moving out of home and living independently, over the last 12 months, Kristy has been busy achieving her goals. With the help of Samaritans Kaiyu Konnect, Kristy says that not only has she been able to complete her short-term goals, but she has become more confident.

"For most of my teenage years I was struggling with my mental health, but now I've come a long way," Kristy said.

"Everyone at Kaiyu would say that I have changed 200% since I have started- I was really quiet and unsure. With support from the staff and the participants at Kaiyu, I've come out of my shell."



1,278



907



1,356

YOUNG PEOPLE RECEIVED MENTAL HEALTH SUPPORT FROM HEADSPACE AND RURAL YOUNG MINDS PEOPLE SUPPORTED THROUGH OUR FAMILY SUPPORT SERVICES, THE CIRCLE AND BRIGHTER FUTURES PROGRAMS INDIVIDUALS
ASSISTED THROUGH
OUR DISABILITY
SERVICES







# **WE BELONG**

### building communities



# RECONCILIATION ACTION PLAN LAUNCH

Samaritans services operate on the lands of the Awabakal, Biripi, Darkinjung, Dunghutti, Gumbaynggir, Kamilaroi, Wanaruah, Worimi, and Wiradjuri nations.

Always was, always will be, Aboriginal land.

December 2018 saw the launch of our Reconciliation Action Plan. Samaritans is committed to making a meaningful contribution to reconciliation with Aboriginal and Torres Strait Islander peoples.

Reconciliation is a process that requires the full support of Aboriginal and Torres Strait Island people. This

means a commitment to listening, learning and acting.

What follows is an excerpt from CEO, Brad Webb's speech delivered at the launch event.

"I recognise that our plan is just the beginning – in fact it is described by Reconciliation Australia as a Reflect plan. A Reflect Reconciliation Action Plan is designed to prepare an organisation for its reconciliation journey. As this journey continues, we will go on to develop plans that will support Samaritans to innovate, stretch, and elevate.

"So today is a milestone, but not an endpoint.

"The final paragraph of the Uluru Statement from the Heart states:

'In 1967 we were counted, and in 2017 we seek to be heard. We leave base camp and start our trek across this vast country. We invite you to walk with us in a movement of the Australian people for a better future.'

"Today on behalf of the Samaritans, and in launching our Reconciliation Action Plan, I accept this invitation. Let's start walking."



1,236



1,297



204

YOUNG PEOPLE SUPPORTED THROUGH ACCOMMODATION, BROKERAGE AND OTHER SERVICES PEOPLE SUPPORTED TO LIVE HEALTHIER LIVES THROUGH COALFIELDS HEALTHY HEARTBEAT PROGRAM PEOPLE SUPPORTED THROUGH OUR POST-RELEASE DRUG AND ALCOHOL SERVICES







### creating connections



#### **CHRISTINE'S STORY**

For 10 years, Christine has been making a difference in the lives of children and young people through her role as a foster carer for Samaritans Permanency Support Program.

During her time as a foster carer, Christine has cared for over 110 children, ranging from 24-hour placements to caring for children and young people for up to 18 months.

"Foster care was a lifelong dream for me. It was a bucket list, must do thing. I remember telling my high school career advisor that I wanted to be a mum. There was a mother at my primary school who was a foster carer and she inspired me to pursue this path... it all fell into place," Christine said.

"I would think, 'I'm waiting for the perfect house, the husband, the big car, I'm waiting for life to fall into place'. In reality, it doesn't have to be like that, so I made the phone call.

"Foster care isn't without it's challenges, but it gives you an opportunity to have such a positive influence on the life of a young person who really needs it. The small changes and input that we have in their time with us really do make a big impact.

"Samaritans has been a supportive agency to work with. They've supported me in connecting with fostering peers and I've made some quality friends through the community. Feeling connected with others doing the same things really helps. There's support from other carers and a network around you to assist, to celebrate the successes and help each other through the challenges."



175



193



668

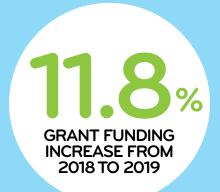
CHILDREN SUPPORTED THROUGHTHE PERMANENCY SUPPORT PROGRAM CHILDREN IN EARLY LEARNING CENTRES

FAMILIES AND CHILDREN SUPPORTED THROUGH CHILD AND PARENTING SUPPORT, PLAYGROUPS AND KINSHIP CARE



# THE NUMBERS

The 2018/19 financial results reflect a significant and ongoing investment in information and communication technology (ICT). Investment is being made in technology that will enable Samaritans staff to do their jobs and concentrate on providing high quality supports. This investment is intentional and is essential to ensure future efficiencies throughout the organisation. Efficiency gains are a particular focus for NDIS funded services, but will translate to service efficiency across the entire organisation. Australian Accounting Standards require classification of some of this investment as expenditure, although the benefits will be realised over many years.





#### CONSOLIDATED REVENUE STATEMENT

	2019	2018
Revenue	69,799,378	67,970,909
Less: Expenses	-71,775,689	-66,449,110
Surplus/(Deficit) for the year	-1,976,311	1,521,799
Other Comprehensive Income	449,732	-68,528
Total comprehensive income for the year	-1,526,579	1,453,271

### **BALANCE SHEET**

	2019	2018
Current assets		
Cash and cash equivalents	11,320,245	11,766,321
Trade and other receivables	2,690,286	3,581,025
Inventories	233,872	1,031
Held to maturity investments	15,167,381	14,415,809
Available for sale financial assets	-	-
Non-current asset held for sale	-	-
Total current assets	29,411,784	29,764,186
Non-current assets		
Available for sale financial assets	3,582,360	3,586,973
Property, plant and equipment	13,584,663	12,523,605
Total non-current assets	17,167,023	16,110,578
Total assets	46 E70 907	45 974 764
Total assets	46,578,807	45,874,764
Current liabilities		
Trade and other payables	9,178,347	7,601,214
Borrowings	-	100,000
Provisions	4,617,135	3,951,767
Total current liabilities	13,795,482	11,652,981
Non-current liabilities		
Provisions	1,549,872	1,461,751
Total non-current liabilities	1,549,872	1,461,751
Total liabilities	15,345,354	12 114 722
Total habilities	15,345,354	13,114,732
Net assets	31,233,453	32,760,032
Equity		
Reserves	11,358,078	10,453,413
Retained profits	19,875,375	22,306,619
Total equity	31,233,453	32,760,032





### Adolescent Family Counsellor

#### **HUNTER**

Provides individual, group and family therapeutic counselling, case management and family mediation and restoration services to young people aged 11–21.

#### **ARAFMI**

#### **NEWCASTLE, HUNTER**

Offers support and counselling for the families and friends of people with mental illness. ARAFMI has been operating in the Hunter since 1979 and joined Samaritans in early 2019.

#### **Brighter Futures**

#### **NEWCASTLE**

An early intervention program targeting families who are at risk of entering the child protection system, with children aged 0–8. A range of coordinated interventions are provided in the areas of parenting programs, childcare and sustainable home visiting support.

# Children and Parenting Support (CAPS)

### CENTRAL WEST,

#### **NEWCASTLE**

Works with young parents and their children by providing group activities, day programs as well as support and referral to other services.

#### **The Circle**

#### **CENTRAL COAST**

Works alongside established community activities to provide support and additional services for children aged 0–12 and their families.

## Coalfields Healthy Heartbeat (CHHB)

#### **HUNTER**

Aims to reduce the incidence of heart disease by educating the community through quit smoking campaigns, healthy eating and physical activity programs.

#### **Financial Counselling**

#### NEWCASTLE, HUNTER

Financial counselling supports people facing financial difficulties by providing a free, confidential and independent service.

#### Community Youth Development Project (CYDP)

#### NEWCASTLE, HUNTER

Provides information, advocacy, training and professional development opportunities to local youth services.

#### **Creative Times**

#### **NEWCASTLE**

An early intervention and prevention program for children up to 12 years, which works alongside families to strengthen connections.

## **Disaster Recovery** (6 teams)

#### NEWCASTLE, HUNTER, CENTRAL COAST

Trained volunteers provide assistance in case of flood, fire or other disasters.

#### **Drumbeat**

### NEWCASTLE, CENTRAL COAST

A program delivered through schools to promote social and emotional development through music and rhythm.

## Early Intervention and Activities (EIA)

### NEWCASTLE, CENTRAL COAST

Provides case planning, parenting assistance and skills development to families with children aged 0–17.

### Emergency Relief Centres (9 centres)

#### NEWCASTLE, CENTRAL COAST, HUNTER, MID NORTH COAST

Provides immediate emergency assistance to people in our community experiencing financial hardship. Assistance includes support with food, utility bills, pharmacy requirements, clothing and referral to other agencies.

# Friendship House & Transitional Supported Accommodation

#### **NEWCASTLE**

Provides transitional accommodation, friendship and assimilation assistance for men exiting correctional facilities.

#### **Gambling Counselling**

#### MID NORTH COAST, HUNTER

Part of the NSW 'gamblingHELP' initiative, Samaritans gambling counselling offers therapeutic counselling and referral to those affected by gambling. This support can extend to personal, relationship, grief and trauma counselling.

### Getting It Together Scheme

### NEWCASTLE, HUNTER

Brokerage for young people and their families who have a history of alcohol and/or drug use.

# **Great Lakes Manning Homeless Support Service**

#### MID NORTH COAST

Our Specialist Homelessness Services offer help to women, men and children facing homelessness.

#### headspace Maitland

#### HUNTER

A mental health initiative for young people 12–25 offering both clinical support to youth and their families and early intervention activities.

# Home Instruction Program for Preschool Youngsters (HIPPY)

#### MID NORTH COAST

Works with children and their families/carers in Kempsey to recognise and support the needs of their children to achieve better learning outcomes.

#### **OUR SERVICES**



#### **Home for Good**

#### **NEWCASTLE**

A program supporting the re-entry of people into the community after leaving prison. This program incorporates accommodation and Community Chaplaincy.

### **Intensive Family Support**

#### CENTRAL COAST

Works alongside families intensively for a minimum of 12 weeks to reduce the risk of children entering PSP (foster care).

### **Kempsey Community Hub**

#### MID NORTH COAST

Our Specialist Homelessness Services offer help to women, men and children facing homelessness.

### Kinship Care and Relative Carers

### NEWCASTLE, CENTRAL COAST, HUNTER

Parish-coordinated/hosted peer support groups and community forums for grandparents raising their grandchildren, and relative carers.

#### **Margaret Stibbard Close**

#### **NEWCASTLE**

Long-term accommodation for men who have previously been homeless.

#### **NDIS**

#### NEWCASTLE, CENTRAL COAST, HUNTER, MID NORTH COAST

Provides quality personalised disability support to local NDIS participants including:

#### **Community Programs**

Tailored group and individual activities provided throughout the local community.

#### **Coordination of Support**

Liaising and linking people with the right service providers to achieve their NDIS goals.

#### **Individual & Outreach Support**

Staff provide flexible care within the home of the people we are supporting and in the community.

#### **Mental Health**

Support skills development, social inclusion, work readiness and assistive technology programs.

#### Supported Independent Living

Accommodation services offering independent living for people living with a disability.

#### **Therapy & Behaviour Support**

Specialist assessment and support for communication, living skills and behaviour. Early intervention supports for children and families are offered, as well as assistance for people with a disability.

### Permanency Support Program

#### NEWCASTLE, CENTRAL COAST, MID NORTH COAST, CENTRAL WEST

Offers short and long-term foster care to young people who are not able to live at home. Therapeutic support and case management is also provided to children and young people who are in the care of the minister, living in a residential setting.

#### **Premier's Youth Initiative**

### NEWCASTLE, CENTRAL COAST

Aims to make a difference in the lives of young people as they leave foster care and transition to independence.

#### Reconnect

#### NEWCASTLE, HUNTER

Provides counselling, group work, mediation and practical support to young people, who are at risk of homelessness, and their family to break the cycle of homelessness.

#### **Recovery Point**

#### **NEWCASTLE**

Provides practical assistance and support to people who are leaving prison and/or drug rehabilitation centres to reengage with the community.

#### **Rural Young Minds**

### UPPER HUNTER, NORTH WEST

Is a program for young people aged 12–25 years that have complex to severe mental health concerns.

#### **Samaritans Shops**

#### NEWCASTLE, LAKE MACQUARIE

Pre-loved clothing and bric-a-brac are provided to Samaritans clients and sold at stores in Mayfield, Wallsend, Hamilton and Boolaroo.

### Samaritans Early Learning Centres

#### NEWCASTLE, HUNTER

Two centres in Newcastle and Woodberry provide high quality long day care from 0-6 years.

#### **Student Accommodation**

#### **NEWCASTLE**

A Foyer-like service in Wickham offering integrated support and accommodation for young people who are homeless or at risk of homelessness and wanting to continue their studies.

### Samaritans Youth Accommodation

#### NEWCASTLE, HUNTER

Provides short-term accommodation for young people in crisis, mediumterm accommodation options and outreach.

#### **Start Strong**

#### MID NORTH COAST, CENTRAL COAST, HUNTER

Offers facilitated playgroups with the aim of supporting families knowledge of child development and the importance of early learning in the years prior to school.

#### Supported Employment

#### **NEWCASTLE, HUNTER**

Offers supported employment in cleaning for people with a disability to gain practical experience.

#### Tenancy Resource Services (service closed November 2018)

#### NEWCASTLE, HUNTER, CENTRAL COAST

Provides support and advocacy for tenants who are in social housing.

#### Women's Refuges

#### MID NORTH COAST

Two refuges in Kempsey and Taree provide crisis accommodation and outreach to women and their children.

### **Chaplaincy Services**

Samaritans Chaplaincy

Corrective Services Coordinator

Cessnock Gaol

Community Chaplaincy

Juvenile Justice

John Hunter Hospital Chaplaincy
Police Force Senior State Chaplain

### OUR SUPPORTERS Thank you

Samaritans wouldn't achieve all it does without the support of many. We thank our volunteers, staff, donors, parishes and supporters. Together, we are proud to serve our local communities.

### We also acknowledge our major funding partners:

Federal Government Grants

Department of Health

Hunter New England Central Coast Primary Health Network

#### **NSW State Government Grants**

Department of Communities and Justice

Department of Education

**Hunter New England Health** 

**NSW Health** 

NSW Trade and Investment

#### Other Grants

Benevolent Society

Brotherhood of St Laurence

Carers NSW

Club Maitland City

East Maitland Bowling Club

Mercy Foundation

Newcastle City Council

The Smith Family

**UOM Commercial Ltd** 



Compassion Integrity Justice

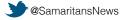
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Samaritans Foundation - Diocese of Newcastle (ABN 38 574 464 524) Samaritans Community Services Hunter Mid North Coast Pty Limited (ABN 30 098 658 818) Samaritans Enhanced Living Options Central Coast Pty Limited (ABN 34 098 658 836) Samaritans Enhanced Living Options Hunter Mid North Coast Pty Limited (ABN 23 098 658 792) Samaritans Enhanced Living Options Newcastle/Lake Macquarie Pty Limited (ABN 41 131 340 111) Samaritans Housing (ABN 70 614 051 641)

