

Who we are

Samaritans offers life changing support and advocacy to those in need. A Newcastle Anglican social justice agency, Samaritans delivers more than 100 programs to thousands of individuals and families each year.

Kaiyu is for people with a primary mental health diagnosis. Our centre provides a safe space to focus on wellbeing, recovery and connection with others.

Our program offers support for people living within Newcastle, Lake Macquarie and the Hunter



Kaiyu open times

Days: Monday, Tuesday, and Thursday
Time: 9:00am till 3:00pm

Referrals

Referrals can be made via our form on our website. Scan the QR code or visit our website link below.

Contact

-  0458 648 516
-  supportadviser@samaritans.org.au
-  www.samaritans.org.au/kaiyu
-  Argenton Community Hall,
7 Elizabeth Street, Argenton NSW
-  @SamaritansFoundation

Funded by:  **Health**
Hunter New England
Local Health District



Scan the QR
code to find
out more

Samaritans is an
inclusive organisation



Samaritans

Kaiyu Konnect



Community and social
group support for people
living with a primary
mental health diagnosis.

What is Kaiyu

Kaiyu is a community-based group program for people living with mental illness or psychosocial disability. Kaiyu supports recovery, wellbeing and meaningful connections with others through structured activities in a safe and welcoming setting.

What we do

Kaiyu facilitates activities such as yoga, art therapy, community access, social groups, skill and capacity building. These activities help participants strengthen relationships, increase independence and improve overall wellbeing.

Kaiyu (pronounced: Kie-You)
is a word from the
Awabakal language
“to have power and ability”

At Kaiyu, we can facilitate/ provide support with:

- Social connections
- Art sessions
- Yoga and wellness activities
- Community outings
- Wellbeing and recovery
- Clinician visits from Hunter New England Health (HNEH)

Kaiyu Konnect can assist people who:

- Are over 18 years of age
- Have a history of mental illness

Referrals can be made by:

- Community agencies
- Caregivers
- Service providers
- Self-referrals



What we offer

We provide a recovery-oriented service that promotes self-care, confidence, resilience and independence. Kaiyu encourages social inclusion while supporting participants to work towards their personal goals.

Our program helps to reduce isolation, foster a greater sense of belonging and build everyday life skills. Participants are supported to take part in their community with greater confidence.