

## Drop in Centre is Open:

Monday, Tuesday, and Thursday  
9:00am till 3:00pm

## Contact

- ☎ (02) 4953 0051
- ✉ [supportadviser@samaritans.org.au](mailto:supportadviser@samaritans.org.au)
- 🌐 [www.samaritans.org.au/kaiyu](http://www.samaritans.org.au/kaiyu)
- 📍 Argenton Community Hall,  
7 Elizabeth Street, Argenton NSW
- 📷 @samaritansfoundation



Scan the QR code  
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In partnership with:



Samaritans is an  
inclusive organisation



# Samaritans

## Kaiyu Kconnect



Community and social  
group support for people  
living with a primary  
mental health diagnosis.



## What is Kaiyu?

Kaiyu is a drop-in centre for people with a primary mental health diagnosis. Our centre provides a safe space to focus on wellbeing, recovery and connection with others.

## Group programs

Kaiyu provide group programs to develop opportunities and support within Newcastle, Lake Macquarie and the Hunter, to assist people living with a mental illness or psychiatric disability to have satisfying and valued lives as full members of the community.

Kaiyu encourages self-care, skill building and a sense of belonging to community by offering programs that provide social and skill development activities with a focus on social inclusion.

**Kaiyu (pronounced: Kie-You)**  
is a word from the  
Awabakal language  
“to have power and ability”



## At Kaiyu, we can facilitate/ provide support with:

- Social connections
- Art sessions
- Yoga and wellness activities
- Community outings
- Wellbeing and recovery
- Clinician visits from Hunter New England Health (HNEH)

## Kaiyu Konnect can assist people who:

- Are over 18 years of age
- Have a history of mental illness

## Referrals can be made by:

- Community agencies
- Caregivers
- Service providers
- Self-referrals