



## Kaiyu Contact details

Ph: (02) 4953 0051  
Fax: (02) 4908 1143

Argenton Community Hall  
PO Box 328 Hamilton 2303

## Mission Statement

Our service provides an environment where you can be supported in achieving your goals in life with a focus on community inclusion.



*"I've been to many support groups, but none as great as Kaiyu!"*

Kristy, Kaiyu Konekt participant.

For further information please click on the services button at the top of our website [www.samaritans.org.au](http://www.samaritans.org.au) and then Mental Health.



**Samaritans**

Samaritans Foundation – Diocese of Newcastle  
The welfare arm of the Anglican Church in the Hunter, Manning and Central Coast.

Ph: 02 4960 7100 [www.samaritans.org.au](http://www.samaritans.org.au)



**There is a great need to help the community recognise that variable mental health is a part of life.**  
**We can build better communities by including people with a psychiatric disability.**

Funded by:



**Health**  
Hunter New England  
Local Health District



**Samaritans**

*Compassion Integrity Justice*

# Connecting you to the community.

## At a Glance

- Group programs
- Referrals
- Skill development
- Nutritional lunches
- Social and recreational activities
- Community inclusion.

## Social Inclusion

It is now widely acknowledged that participation in society improves mental health, self determination and general functioning.

That goes for all of us, but it is especially true that people living with a mental illness who receive well planned support in the community have a better quality of life.

## Kaiyu

Kaiyu is a community based mental health service for adults living with a mental illness.

Kaiyu provides an environment where you can be supported to achieve your goals in life.

Kaiyu offers community and centre based activities with a focus on community inclusion.

### Who can make referrals?

- Self referrals
- Community agencies
- Caregivers
- Service providers.

### Who can access the program?

- People over 18 years of age
- Those who have a history of mental illness.

### Kaiyu hours

**Monday, Tuesday, Thursday**  
**9am - 3pm**



*"I like to come to Kaiyu because there's always someone to talk to. It's a day out of the house."*  
Gary, Kaiyu Konekt participant.



*"I love coming to Kaiyu for the social connections. I enjoy meeting new people and having a laugh together. On a bad day Kaiyu helps boost my energy and makes me feel better."*  
Sharna, Kaiyu Konekt participant.