

Samaritans

Disability Support

Individual Supports

Servicing Newcastle, Lake Macquarie, Maitland, Upper Hunter, Central Coast, and Mid North Coast of NSW.

Our friendly Samaritans team can support you with your day-to-day activities.

We offer flexible and individualised supports with your choice of support worker, so that you can develop and achieve your goals at your pace.

We will talk to you about your goals, daily needs, and interests before matching you with a support worker that meets your preferences.

We have staff available with their own comprehensively insured and well maintained vehicle to transport you where you need to go, otherwise we can assist you to access public transport.



Samaritans has experienced staff who can assist you to engage with and access your local community:

- Support to maintain good health and wellbeing
- Try a new hobby or attend local events
- Play Sport
- Take a Class
- Hang out with Friends
- Increase and maintain social connections
- Plan and take a holiday
- Try new things
- and much more


We can also provide assistance with self-care in your home to assist you to

- Building living skills e.g. travel training
- Keep up with household tasks
- Attend appointments
- Manage your medications
- Personal care such as toileting, showering and getting dressed.
- Budget, meal plan, shop and cook your meals



Get in Touch:

For more information about Samaritans Individual Support get in touch with our friendly team

 1300 656 336

 supportadvisor@samaritans.org.au

 www.samaritans.org.au

 www.facebook.com/SamaritansFoundation

