



## Samaritans

Samaritans is one of Australia's largest regional Social welfare organisations, providing a wide range of services for children, youth and families in the Hunter, Central Coast and Manning regions. Our focus is on building communities where there is peace, justice, reconciliation and dignity for all people.

 02 4993 3450

Referrals: [afc@samaritans.org.au](mailto:afc@samaritans.org.au)  
For information visit  
[www.samaritans.org.au](http://www.samaritans.org.au)

Samaritans is one of the largest regional welfare organisations in Australia but is truly local to your region. As the welfare arm of the Anglican Church, we deliver over 100 programs and community services to thousands of individuals and families each year.

Samaritans would like to acknowledge the traditional custodians of this land and pay our respects to the Elders past, present and future for they hold the memories, the traditions, the culture and hopes of Aboriginal Australia.



## Adolescent & Family Counselling

Cessnock & Kurri Kurri



**Samaritans**





## Providing spaces for young people to feel valued, listened to and respected.

Samaritans offers counselling and support to young people aged 9-18, young parents under 25 and their families in a caring and friendly environment.

The Adolescent and Family Counsellor can help with a variety of issues.

Some of these include:

- Disagreements about family rules and expectations
- Escalating conflict
- Arguments that are becoming physical or threatening
- Disruptions of family life due to separation, divorce, loss or other trauma.

This service is **FREE** and confidential for families living in the Cessnock and Kurri Kurri areas.

**Adolescent and Family Counselling helps parents and young people to successfully resolve issues and navigate their way through challenging times.**

Samaritans Adolescent and Family Counsellor is a qualified practitioner that provides support to young people and their families by offering professional, caring services so that they may have the opportunity to participate fully in community life.

Our Adolescent and Family Counsellor can help you and your family work through difficult times. These include:



**Individual** counselling and advocacy.



**Family Therapy.**



**Relationship** counselling.



**Assistance** with developing life skills and offering advice and information.



**Connecting families** with other services and specialists.



**Parenting** support programs.

### Where to find us

#### **Kurri Kurri**

Kurri Kurri High School  
Cnr of Deakin Street & Stanford Street

#### **Cessnock**

headspace Cessnock  
122-124 Vincent Street, Cessnock

*Please phone ahead to book an appointment.*