

# Brighter Futures

## Newcastle & Lake Macquarie



### What is the Brighter Futures Program?

The Brighter Futures program can provide support and services that will help you give your children a good start in life. This can stop family problems from getting worse.

Services available through the program include child care, playgroups, home visiting and parent groups.

### How does the program work?

A Brighter Futures worker will talk to you about what is working well for your family and what you are finding tough. You can talk about what support you have and what problems you want to tackle and in what order.

Together we will plan for the services and support that are right for your family.

### Do I have to take part?

No, families choose to join the Brighter Futures program. Families also decide how long they will be in the program and can leave at any time.



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## Is this program for my family?

The Brighter Futures program is for families who have children aged eight years or younger, or who are expecting a baby.

The Brighter Futures program supports lots of different families. Some families struggle with drug and alcohol problems and others experience domestic violence. Many parents don't have support from family of friends and find parenting tough.

You can talk to us about how you are coping with parenting and whether you would like any help with any difficulties you are facing.

## How can I get involved?

There are two ways you can become involved in the Brighter Futures program.

With your permission a community agency can refer you, or you can refer yourself by contacting us on the numbers below. Alternatively, a report may be made to the DoCS Helpline that suggests your family could benefit from the program's support services

## Contact Us

**Samaritans and Wandiyali ATSI Inc**  
Brighter Futures Early Intervention Program

Phone: (02) 4956 8387

Fax: (02) 4956 9300

Email: [brighterfutures@samaritans.org.au](mailto:brighterfutures@samaritans.org.au)

[www.samaritans.org.au/brighterfutures](http://www.samaritans.org.au/brighterfutures)

<http://www.freewebs.com/wandiyali/brighterfutures.htm>



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